

**Group Offers:**

- A close Eye on Children (KIB) course for divorced parents
- Strong Parents – Strong Children elementary course for parents and children below 10 years of age
- Strong Parents – Strong Children puberty for parents and children above 10 years of age
- Strong like a bear and courageous like a rabbit for children in elementary school
- Soul fitness a 3 hour break for parents
- ADHD Parental group once a month

You will find our current group offers and courses here: [www.efb-berlin.de/beratungsstellen/jsd](http://www.efb-berlin.de/beratungsstellen/jsd)

**Contact us**

Parenting, family and youth counselling  
Kirchhofstraße 30  
yard, 3rd floor, elevator  
13585 Berlin

Phone number: 030 3361429

## Parenting, family and youth counselling



Confidential,  
anonymous and  
free of charge!

Despite our divorce our child maintains a vital relationship with both parents. I am very happy that we managed to keep it that way.



### Who can come to us?

- parents, those becoming mothers and fathers, single parents
- guardians and those who are involved in upbringing
- children & adolescents
- professionals

Our consultations are free of charge, anonymous and confidential.



### Our Team ...

combines professionalism and experience in the following fields; psychology, social sciences, curative pedagogy and educational sciences.

### You can come to us with the following concerns:

- Conflicts within your family
- Worries and questions concerning the upbringing of your children
- Problems within your marriage / partnership
- Loneliness, grief, fear
- Questions about custody, divorce and separation
- And much more

You can reach us for your first consultation at the following number:

**030 336 1429**

### We also offer online consultations:

[www.online-probleme-loesen.de](http://www.online-probleme-loesen.de)

We offer consultations in six languages:

German, Arabic, Kurdish, Polish, French and English

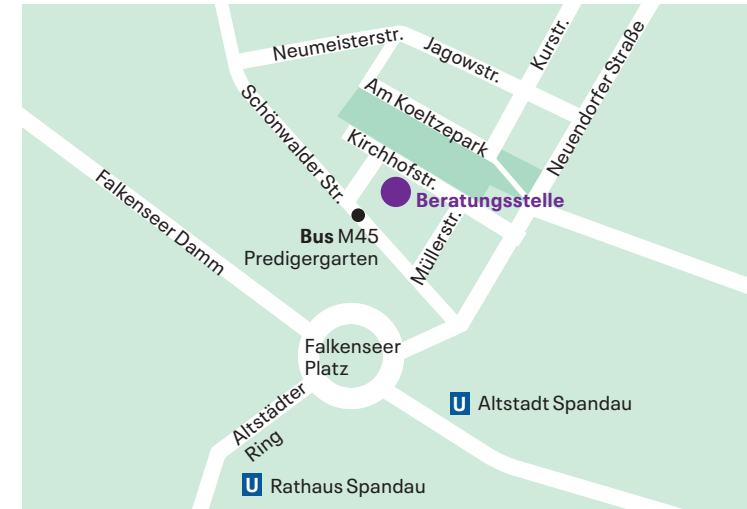
**We had good conversations and experienced a sensitive process. All this without any bureaucratic obstacles.**

### You can reach us at Spandau Mitte:

Phone number: 030 3361429

Kirchhofstraße 30, yard, 3rd floor | 13585 Berlin

**Station:** Bus number 45 stop Predigergarten



### You can reach us at Spandau Siemensstadt:

Phone number: 030 30105115

Goebelstraße 135 | 13629 Berlin

**Station:** U7 Siemensdamm, Bus 123, 139

